

3A Metro Boys Wrestling Tournament 2022

(1) TOURNAMENT CO-DIRECTORS:

Ernie Policarpio, Athletic Director
Chief Sealth High School
Metro 3A Wrestling Co-Commissioner
Office: 206-252-8603 Cell: 206-861-4211
Email: edpolicarpio@seattleschools.org

Stacey Stoutt, Athletic Director
Eastside Catholic School
Metro 3A Wrestling Co-Commissioner
Office: 425-295-3012 Cell: 425-681-3000
Email: sstoutt@eastsidecatholic.org

(2) SITE CONTACT:

Ernie Policarpio, Chief Sealth High School (contact info above)

(3) DATE:

Friday, February 4 and Saturday, February 5, 2022

(4) LOCATION:

Chief Sealth High School, 2600 SW Thistle St, Seattle, WA 98126

Buses can drop teams off in front of the gym and then the bus can park at the parking lot at the top of our football stadium.

(5) SCHEDULE - All times are approximate based on early numbers and are subject to change

Friday, February 4th

- 1:30 pm Scales open
- 2:00 pm Weigh-ins (Upper Gym)
- 2:45 pm Coaches meeting (War Room in gym)
- 3:30 pm Preliminary Rounds – 4 mats
- 6:00 pm Championship Quarter-finals – 4 mats, Consolation first round – 4 mats
- 8:30 pm Conclusion of Day one

Saturday, February 5th

- 7:30 am Scales open
- 8:00 am Weigh-ins (main gym)
- 8:45 am Coaches meeting
- 9:30 am Consolation second round – 4 mats
- 11:00 am Championship Semi-finals – 4 mats, Consolation Quarter-finals – 2 mats
- 1:00 pm Consolation Semi-finals – 4 mats
- 2:30 pm 3rd & 5th place matches – 4 mats
- 4:00 pm Championship Finals – 4 mats

- 5:30 pm Team and Individual awards
- 6:00 pm Conclusion of tournament

(6) WEIGH-IN & PROCEDURES: Weigh in by weight upper gym (similar to WIAA State Tournament)

- At weigh-in on Friday and the 8:00 AM weigh-in on Saturday there will be only one entry and exit to the weigh-in area and coaches will be the only ones to enter and leave the area until the wrestlers have weighed in.
- Wrestlers must bring their ID with them to weigh-ins.
- There will be 4 scales open for each tournament. The head referee, plus a supervisor, will serve as weigh-in officials.

NOTE: There is a 2 lb growth allowance for day 1 of the tournament and an additional 1 lb. allowance for day 2 (3 lbs total).

(7) COVID TESTING – All athletes will need to be tested within 24 hours of competition. Ideally, test your athletes at school prior to coming to the tournament and test them again upon arrival on day 2.

(8) LOCKER ROOMS

- Athletes must bring their own lock to secure their items and will use locker room at their own risk. Neither the Metro Conference, Chief Sealth High School, nor the Seattle Public School District, will assume responsibility for lost or stolen items.

(9) OFFICIALS

- All referees will be assigned by the Pacific Northwest Wrestling Officials Association.

(10) REGIONAL ADVANCEMENT

- The top five (9) boys Metro finishers in each weight class will advance to the Regional Tournament at Eastside Catholic High School.
- Each regional tournament will take place Saturday, February 12, 2022.

(11) SPECTATOR POLICY: NO SPECTATORS at the tournament. The only people allowed to enter need to be listed on your pass list.

(12) PASSES

- Media: Only Media with proper credentials will be allowed entry for N/C. Varsity Views Passes will not be accepted.
- Passes Allowed: KingCo Scouting Pass, Other League Scouting Passes and Lifetime Passes (KingCo, Metro, SeaKing and WIAA).
- Passes Not Allowed: KingCo Faculty Pass, Other League Faculty Passes, WSCA and WSSAAA Passes.
- Pass Lists: Should be submitted to the appropriate director no later than Wednesday, February 2.
- Tournament passes will be issued at check-in as follows:
 - One per participating wrestler.

- Two (2) Manager / Four (4) Coach passes – if your team does not have managers, those passes can be given to two adult volunteers
- Two (2) adult volunteers
- No Cheerleaders

(13) T-SHIRTS

- Wrestling Tournament Tee Shirts will be on sale throughout the tournament.
- Prices range from \$15 for short sleeve front print only and \$30 for long sleeve with full front, back and sleeve print.

To order after event apparel - online store: www.nwd.ink/eventstore/

(14) CONCESSIONS will be available onsite.

(15) AWARDS

- Medals will be awarded to the top three placers in each weight class.
- Outstanding wrestler awards (2) will be presented at the conclusion of the tournament voted on by Head Coaches and tournament officials and staff.
- Coach of the Year Award
- Metro Tournament Champion will be awarded a trophy.

(16) MEDICAL/ FIRST AID

- Athletic Trainers will be available onsite throughout the tournament. EMS is nearby and readily available.

**Athletes wishing to be taped must bring their own taping supplies.

(17) GENERAL COACHES REMINDERS

- Each coach is responsible for the conduct of his wrestlers and parents.
- Each team and individuals will be responsible for their own valuables.
- There will be no bands at the wrestling tournament.
- No signs other than the official school banner may be displayed or posted.
- No noisemakers will be allowed.
- The video area will be limited to the bleachers. Cameras will not be allowed on the floor.

(18) GAMES COMMITTEE

- Any dispute occurring at the tournament will be presented to the Tournament Manager and he will confer with the Tournament Games Committee. Their decision will be final.
- The Tournament Games Committee will contain:
 - Head Official
 - Tournament Manager from a neutral school
 - Two head coaches from neutral schools

(19) TABLE HELP

- This year the tournament is being run on TrackWrestling – and incredibly intuitive program that is easy to use for even first-time users. We will have a quick training both days 30 min prior to the start of the tournament. Support will be available from the tournament directors throughout the tournament.
- Each school is responsible to provide one adult to work at the mat-side tables to keep score and two student helpers.
- Coaches- please email their names and email addresses to Stacey Stoutt at [sstoutt@eastsidecatholic.org](mailto:ssoutt@eastsidecatholic.org).

(20) SEEDING MEETING & CRITERIA

• The seeding meeting will be Thursday, February 3rd at Chief Sealth HS, 2600 Thistle St, Seattle, WA in room 188 at 7:30 PM.

- Seeding Guidelines for Placement in the Metro Tournament
 - League Record
 - Head to Head competition
 - Records against Common Opponent
 - Previous post-season placing (State > Regionals > Metros; within that, medalist > participant > alternate)
 - Season Record
 - Contestant with exceptional record against acknowledged strong opposition
 - Seeds yet to be determined by above criteria, within 15 minutes, will go to a coach's vote. Only one coaching representative per school can vote
 - Every effort should be made to seed the number allowed. Coaches cannot hold a wrestler out if he/she is clearly seed-able.

**2022 Metro Wrestling Tournament
Non-Wrestler Pass List**

School: _____

<u>Coaches (4):</u>	<u>Managers (2):</u>
<u>Volunteer Table Workers (3 - can be managers or parents)</u>	