



2022 SeaKing District 2 3A Track and Field Meet Schedule

Wednesday May 18, 2022

FIELD EVENTS

2:15 PM - Coaches Meeting

3A

2:30 PM	G - Pole Vault (Weather Contingent)
3:00 PM	B - Long Jump (S. Pit)
3:00 PM	G - Discus
3:00 PM	B - High Jump
3:00 PM	B - Shot
3:00 PM	G - Javelin
4:30 PM	G - Long Jump (N. Pit)
4:30 PM	B - Pole Vault (Weather Contingent)
4:30 PM	B - Javelin

Wednesday May 18, 2022

RUNNING EVENTS - All Finals

3:00 PM	G - 4x200 M Relay
3:30 PM	B - 110 M High Hurdles (Prelims)
3:40 PM	G - 100 M Hurdles (Prelims)
4:00 PM	B - 100 M Dash (Prelims)
4:10 PM	G - 100 M Dash (Prelims)
4:20 PM	B - 1600 M Run
4:35 PM	G - 1600 M Run
4:50 PM	B - 4x100 M Relay
5:05 PM	G - 4x100 M Relay
5:25 PM	B - 300 M Int. Hurdles
5:35 PM	G - 300 M Low Hurdles
5:50 PM	B - 200 M Dash (Prelims)
6:00 PM	G - 200 M Dash (Prelims)

Friday May 20, 2022

FIELD EVENTS

2:30 PM - Coaches Meeting

3A

2:30 PM	G - Pole Vault (If delayed on Wednesday)
	B - Pole Vault (If delayed on Wednesday)
3:00 PM	B - Triple Jump (N. Pit)
3:00 PM	B - Discus
3:00 PM	G - High Jump
3:00 PM	G - Shot
4:30 PM	G - Triple Jump (S. Pit)

Friday May 20, 2022

RUNNING EVENTS - All Finals

3:00 PM	B - 110 M High Hurdles
3:10 PM	G - 100 M Hurdles
3:20 PM	B - 100 M Dash
3:30 PM	G - 100 M Dash
3:40 PM	B - 800 M Run
3:50 PM	G - 800 M Run
4:00 PM	Wheelchair/Ambulatory 400 M
4:20 PM	B - 400 M Dash
4:30 PM	G - 400 M Dash
4:40 PM	Ambulatory 100 M
4:55 PM	B - 200 M Dash
5:05 PM	G - 200 M Dash
5:15 PM	B - 3200 M Run
5:35 PM	G - 3200 M Run
6:00 PM	Wheelchair 800 M
6:10 PM	B - 4x400 M Relay
6:25 PM	G - 4x400 M Relay