

## 2023-2024 Swimming and Diving Time Standards

GIRLS EVENT	1A/2A		3A		4A		AAA	AAC
	State	District 2/3	State	District 2	State	District 2		
200 Medley Relay	2:01.50	1 Entry	1:53.90	1 Entry	1:53.50	1 Entry	1:44.27	1:46.16
200 Free	2:06.00	2:25.40	1:58.30	2:14.30	1:59.70	2:15.70	1:48.74	1:50.65
200 I.M.	2:23.00	2:43.60	2:13.00	2:29.00	2:13.50	2:29.50	2:01.46	2:04.01
50 Free	:26.10	:28.60	:24.75	:26.75	:25.00	:27.00	:23.08	:23.50
Diving	250/11.6	200/11.0	315/11.6	225/11 dive	315/11/6	225/11 dive		
100 Fly	1:04.80	1:17.60	:59.40	1:09.40	:59.60	1:09.60	:54.38	:55.48
100 Free	:57.60	1:04.20	:54.50	<b>1:02.50</b>	:54.50	<b>1:02.50</b>	:50.15	:51.10
500/400 M Free	5:45.00	6:39.30	5:20.50	5:55.50	5:21.00	5:56.00	4:53.06	4:58.20
200 Free Relay	1:48.40	1 Entry	1:42.70	1 Entry	1:42.50	1 Entry	1:35.36	1:37.15
100 Back	1:03.90	1:16.40	:59.75	1:09.75	1:00.40	1:10.40	:54.73	:55.91
100 Breast	1:13.50	1:27.40	1:08.50	1:18.50	1:08.25	1:18.25	1:02.59	1:03.78
400 Free Relay	4:01.00	1 Entry	3:45.00	1 Entry	3:45.90	1 Entry	3:27.68	3:31.16

BOYS EVENT	1A/2A		3A		4A		AAA	AAC
	State	District 2/3	State	District 2	State	District 2		
200 Medley Relay	1:48.30	1 Entry	1:40.00	1 Entry	1:39.80	1 Entry	1:32.76	1:34.41
200 Free	1:53.00	2:13.20	1:46.50	2:02.50	1:47.40	2:03.40	1:38.67	1:40.06
200 I.M.	2:08.50	2:28.20	1:59.00	2:15.00	1:59.50	2:15.50	1:49.50	1:51.52
50 Free	:22.95	:25.20	:21.80	:23.80	:21.99	:23.99	:20.43	:20.85
Diving	250/11.6	200/11.0	315/11.6	225/11 dive	315/11/6	225/11 dive		
100 Fly	:56.50	1:08.50	:52.75	1:02.75	:52.50	1:02.50	:48.57	:49.69
100 Free	:50.90	:56.80	:48.30	<b>:56.30</b>	:48.70	<b>:56.70</b>	:44.83	:45.64
500/400 M Free	5:12.00	6:14.80	4:53.00	5:28.00	4:54.00	5:29.00	4:29.39	4:33.16
200 Free Relay	1:36.00	1 Entry	1:30.00	1 Entry	1:30.70	1 Entry	1:24.34	1:25.75
100 Back	:58.50	1:10.30	:54.00	1:04.00	:54.00	1:04.00	:49.07	:50.18
100 Breast	1:04.50	1:15.10	:59.50	1:09.50	:59.30	1:09.30	:55.44	:56.68
400 Free Relay	3:34.00	1 Entry	3:20.00	1 Entry	3:20.00	1 Entry	3:05.74	3:08.40