2022-23 ESC - All Conference Honors

Boys & Girls Wrestling

**Boys Coach of the Year:** Sean Burke, Granite Falls and John Sommers, South Whidbey

**Girls Coach of the Year:** Doneen, Seattle Academy

**Sportsmanship Award:** South Whidbey and Sultan

**Boys Team Champion:** Granite Falls

**Girls Team Champion:** Seattle Academy

**Boys All Conference Team:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **School** | **Year** | **Weight** |
| Nathan Phillips | Granite Falls | 10 | 106 |
| Ravi Neumeyer | South Whidbey | 12 | 113 |
| Teagan Burkhart | Seattle Academy | 10 | 120 |
| Peyton Eastman | Granite Falls | 9 | 126 |
| Joseph Roberts | Granite Falls | 9 | 132 |
| Evan Welever | South Whidbey | 11 | 138 |
| Trevor Laymance | Granite Falls | 10 | 145 |
| Dylan Walker | South Whidbey | 11 | 152 |
| Dakota Wilkinson | Granite Falls | 12 | 160 |
| Chris Ryer | Granite Falls | 11 | 170 |
| Brody Nelson | South Whidbey | 12 | 182 |
| Donald Bridgewater | Sultan | 12 | 195 |
| Jayden Kinder | Granite Falls | 11 | 220 |
| Trle Lee | Seattle Academy | 12 | 285 |

**Girls All Conference Team:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **School** | **Year** | **Weight** |
| Farah Melang | Seattle Academy | 12 | 105-110 |
| Margaret Vonderhorst | Granite Falls | 9 | 115-120 |
| Saniyah McKinney | Seattle Academy | 9 | 130-135 |
| Kaylie Baker | South Whidbey | 10 | 140-145 |